

*Committed Care
for Sweet Life....*



Conference Secretariat :

Sunil's Diabetes Care n' Research Centre Pvt Ltd
42, Lendra Park, Ramdaspath, Nagpur 440010
E-mail : hellodiabetesnagpur@gmail.com,
Contact : DCRC Phone No. : +91-712-2428111, 222, 333, 444
: +91-7769045444, +91-9373102323

For any queries, kindly contact :

Dr. Ajay Ambade : 9823178466
Dr. Sachin Gathe : 9822462288
Dr. Mohit Zamad : 9766590747
Raju Andulkar : 09822717917, 09423228161

For more details log on to www.diabetescare.co.in

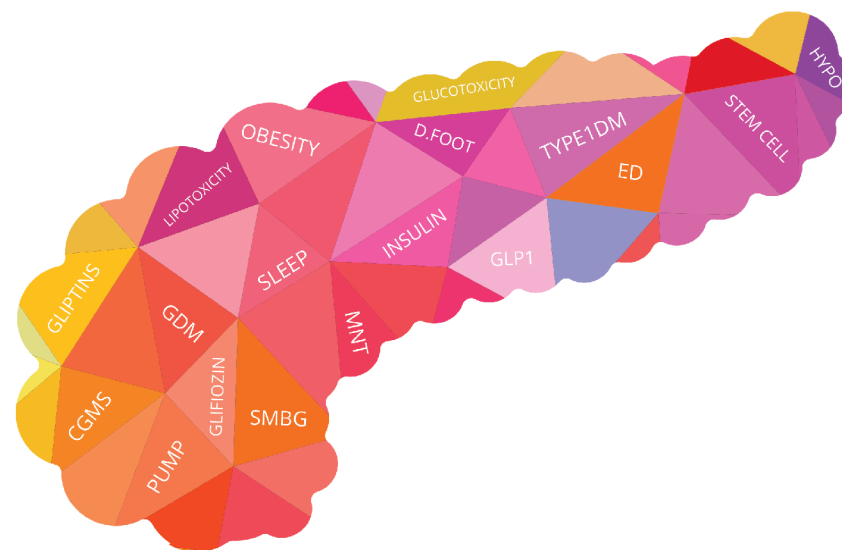
Academic Partners



diabetes care
foundation of india (nagpur)



Sunil's
Diabetes
CARE n' RESEARCH CENTRE
... committed care for sweet life



**"hello
diabetes"**

ACADEMIA 2016

National Update : Contemporary Advances

FINAL SCIENTIFIC PROGRAM

Saturday 2nd & Sunday 3rd July 2016

Hotel Centre Point, Ramdaspath, Nagpur



ACADEMIA 2016

National Update : Contemporary Advances

Program at a Glance

DAY -1

BANTING HALL

09:30-10:40	Diabetes in special population
10:45-11:55	Clinical Pearls
12:00-13:10	Inauguration & "Hello Diabetes Academia Oration"
13:15-14:25	State of Art Lectures
14:30-15:40	Nutrition Symposium
15:45-16:55	Insulin Symposium
17:00-19:00	Oral Anti Diabetic Drug Symposium

BEST HALL

09:30-10:15	Therapy Symposium
10:20-11:55	Sizzling Hot Spots
13:15-14:35	Obesity Symposium
14:45-17:45	Free Paper Session

MACLEOD HALL

15:00-19:00	Satellite Symposium on Pregnancy & Diabetes
19:15-20:30	Diabetic Foot Workshop

COLLIP HALL

19:15-20:30	Blood Glucose Monitoring
-------------	--------------------------

DAY - 2

BANTING HALL

08:00-09:00	Diabetes & Pregnancy(Breakfast Session)
09:00-13:30	Plenary Session

BEST HALL

08:00-09:00	Technology in DM (Breakfast Session)
09:00-10:35	Potpourri in Diabetes
10:40-13:30	Allied Specialities

MACLEOD HALL

08:00-09:00	Sex & Diabetes (Breakfast Session)
11:00-16:30	Diabetes Educators Conclave

COLLIP HALL

08:00-09:00	Management Of DM In Critical Care (Breakfast Session)
09:00-11:30	Education Program For Type 1 DM

Diabetes Educators Conclave

Sunday, 3rd July 2016

Time : 11 am to 4.30 pm

Time	Topic	Speaker	Chairpersons
11.00-11.05	Welcome Address		
11:05-11:25	Lipid & Fats : from basics to Clinic	Dr. Sushil Jindal (Bhopal)	Prof. A. N. Radha Ms. Jayshree Pendharkar
11:30-11:50	Why do we get fat?	Dr. Sanjeev Shah (Mumbai)	Dr. Deepali Kotwal Dr. M.G Bhotmange
11:55-12:15	Recent Dietary recommendation in DM	Dr Shilpa Joshi (Mumbai)	Dr. Rekha Sharma Ms. Sheela Mahapatra
12:20-12:40	Artificial Sweeteners update	Ms Avani Shah (Mumbai)	Dr. Rita Bhargava Ms. Kavita Bakshi
12:45-13:05	Clinical application :- Glycemic Load Vs Glycemic Index	Ms Ruby Sound (Mumbai)	Dr. Srilaxmi Potluri Dr. Shakti Sharma
13:10-13:30	Physical Activity in India – Is the nation active?	Dr. R. M. Anjana (Chennai)	Dr. Kalpana Jadhav Dr. Tanushree Bhattacharya
13:35-13:55	Insulin Delivery Devices	Dr. R. G. Naik (Philadelphia, USA)	Dr. Vijay Neglur Dr. Atul Rewatkar
14:00-14:20	Management of Diabetic foot – Role of a Educator	Dr. Benny Neglur (Mumbai)	Ms. Sushma Chatterjee Ms. Vinita Mehta
14:25-14:45	CGM & AGP – Educators perspective	Ms. Kavita Gupta (Nagpur)	Dr. Sarita Ugemuge Dr. Mohit Zamad
14:50-15:10	Marriage in DM	Dr. Samar Banerjee (Kolkata)	Dr. P. N. Shastri Dr. Sneha Karadbhajne
15:15-15:35	Hypoglycemia- A real concern	Dr. Sanjay Agrawal (Pune)	Dr. Smita Pattarkine Ms. Minal Gujrati
15:40-16:00	Clinical Pearls of Insulin therapy	Dr. Sunil Gupta (Nagpur)	Dr. Ajay Ambade Dr. Vivek Gupta
16:05-16:25	Step towards cure for diabetes	Dr. Sunil M. Jain (Indore)	Dr. Sachin Gathe Dr. Sonal Kolte

Rapporteurs : Ms Parvinder Bamrah, Ms Shraddha Fulzade, Ms Priti Jainabadkar, Ms Jaya Kewalramani, Ms Pooja Kore, Ms Anubha Sahu, Ms Harshal Khobragade, Ms Rupal Agrawal, Ms Priya Chelani, Ms Shruti Aswale, Ms Malvika Fulwani, Ms Vaishali Thakre

There is no lunch break during the session, lunch will be served from 12:00 to 15:00



3rd July Sunday, Best Hall

Day 2

Time	Topic	Speaker	Chairpersons
POTPOURRI IN DIABETES			
09:00-09:20	Insulin Pump : Present & Future	Dr. R. G. Naik	Dr. Ramesh Mundle Dr. Arvind Gupta Dr. Nalini Humne
09:25-09:45	Glycemic Variability: Is it an Hidden Culprit?	Dr. Jayant Panda	Dr. Rajesh Baghe Dr. Prashant Popalkar Dr. Anil Rajgire
09:50-10:10	In-hospital Management of Diabetes	Dr. Vijay Panikar	Dr. S M Patil Dr. Kirti Tanna Dr. Deepak Jeswani
10:15-10:35	Improving Metabolic State of Indian T2DM Patients – SGLT2i – Rationale & Evidences	Dr. Vaishali Deshmukh	Dr. J. K. Luthra Dr. S. Kumbhalkar Dr. Deepak Dubey
ALLIED SPECIALITIES			
10:40-11:00	Diabetes & Brain	Dr. Vijay Neglur	Dr. S P Kalantri Dr. Dinesh Kabra Dr. Arti Dharaskar
11:05-11:25	Diabetes & Alcohol	Dr. Narayan Deogaokar	Dr. Dilip Gode Dr. Prafulla Kadu Dr. Virendra Papalkar
11:30-11:50	Diabetes & Liver	Dr. Sunil M Jain	Dr. Ashish Bhansali Dr. Sudhir Gupta Dr. P. Mantri
11:55-12:15	Diabetes & Imaging	Dr. Raju Khandelwal	Dr. Shirish Dhande Dr. Sanjay Khemuka Dr. Amol Sagdeo
12:20-12:40	Diabetes & Dental Care	Dr. Abhay Kolte	Dr. Madhukar Kherde Dr. Neeraj Khare Dr. Mohit Zamad
12:45-13:30	Debate : Who should marry Metformin? For SGLT2i —————→ Vs For Gliptin —————→	Moderator : Dr. V.K.Bharadwaj Dr. Neeta Deshpande Dr. Manoj Chawla	Dr. Manohar Sarda Dr. Shankar Khobragade Dr. T. K. Kamble

There is no lunch break during the session, lunch will be served from 12:00 to 15:00



2nd July Saturday, Banting Hall

Day 1

Rapporteurs : Dr. Ajay Ambade, Dr. Vivek Gupta, Dr. Sachin Gathe, Dr. Mohit Zamad, Dr. Sudhir Chafle, Dr. Atul Rewatkar, Dr. Sonal Mirani, Dr. Snehal Gathe, Shlok Gupta

Time	Topic	Speaker	Chairpersons
08:00-09:30	Breakfast & Registration		
DIABETES IN SPECIAL POPULATION			
09:30-09:50	Management of Diabetes in Young	Dr. Banshi Saboo	Dr. R G Salkar Dr. Anuj Maheshwari Dr. Rajesh Atal
09:55-10:15	Improving Quality of Diabetes Care at Clinic Level	Dr. Nikhil Tandon	Dr. S D Suryawanshi Dr. R. G. Kathale Dr. Vivek Bhalerao
10:20-10:40	Care of Diabetes in Elderly	Dr. B. M. Makkar	Dr. B G Waghmare Dr. Praveen Nitnaware Dr. Prajakta Deshmukh
CLINICAL PEARLS			
10:45-11:05	Treatment of Diabetes : 2020 & Beyond	Dr. Anil Bhansali	Dr. Y V Bansod Dr. Nikhil Balankhe Dr. Archana Jain
11:10-11:30	Hypertension in Diabetes Mellitus	Dr. Siddharth Shah	Dr. Aziz Khan Dr. Jaspal Arneja Dr. Kiran Belsare
11:35-11:55	Lipohypertrophy : An Overlooked Entity	Dr. Sunil Gupta	Dr. Ashok Wasalwar Dr. Rakesh Sahay Dr. Pradeep Mishra
12:00-12:40 Inauguration			
12:40-13:10	“Hello Diabetes Academia Oration” : “Chronology of Diabetes”	Dr. Shashank Joshi	Dr. S M Patil Dr. S N Deshmukh Dr. Sunil Gupta
STATE OF ART LECTURES			
13:15-13:35	Role of Pesticides & Chemicals in Obesity & Type 2 DM as Endocrine Disruptors	Dr. Arvind Gupta	Dr. D V Doifode Dr. Prabhakar Deshpande Dr. Anand Kate
13:40-14:00	Adult Vaccination in Diabetes	Dr. A Muruganathan	Dr. S V Madhu Dr. D S Wasnik Dr. Milind Bhurshundi
14:05-14:25	Biosimilar Insulins	Dr. Rajiv Kovil	Dr. N P Tolani Dr. N. K. Puranik Dr. Advait Mahalle

There is no lunch break during the session, lunch will be served from 12:00 to 15:00



2nd July Saturday, Banting Hall

Day 1

Time	Topic	Speaker	Chairpersons
NUTRITION SYMPOSIUM			
14:30-14:50	Dietary Fat : Myths & Facts	Dr. Anil Bhoraskar	Dr. R B Kalamkar Dr. Sunanda Chaoji Dr. Pramod Chiraniya
14:55-15:15	Added Sugar : A New Tobacco	Dr. Shilpa Joshi	Dr. Madhuri Holay Dr. Ajay Mohan Verma Dr. Rajesh Sarode
15:20-15:40	Diabetic Food : Myths & Realities	Ms. Kavita Gupta	Dr. Sarita Ugemuge Dr. Vinayak Shegokar Ms. Avani Shah
INSULIN SYMPOSIUM			
15:45-16:05	Insulin in DM: Beyond HbA1c Value	Dr. G Vijay Kumar	Dr. P P Joshi Dr. Shilpa Paranjape Dr. Prashant Waichal
16:10-16:30	Newer Insulin Therapy	Dr. Archana Sarda	Dr. Suneel Deshpande Dr. B S Yelke Dr. Abhay Lokare
16:35-16:55	Non Insulin Therapy in Type I DM	Dr. Rishi Shukla	Dr. Vishwas Dashputra Dr. Ravindra Choudhary Dr. B M Sharnagat
ORAL ANTI DIABETIC DRUG SYMPOSIUM			
17:00-17:20	KgA1C Paradox	Dr. R G Naik	Dr. Rajendra Agrawal Dr. Smita Deshmukh Dr. Abhay Kelkar
17:20-17:40	SGLT2i World Experience	Dr. Hemant Thacker	Dr. Manmohan Rathie Dr. Neeta Kochar Dr. Gira Soni
17:40-18:10	Panel Discussion on SGLT2i	Moderator : Dr. Shashank Joshi	Panelists : Dr. Anil Bhoraskar Dr. Rishi Shukla, Dr. G. Vijay Kumar
18:15-18:35	Why do we get Fat?	Dr. Sanjeev Shah	Dr. Mohan Nerkar Dr. Suhas Kanphade Dr. Sudhir Chafle
18:40-19:00	Mighty Metformin : What to say?	Dr. Hemant Thacker	Dr. Shankar Khobragade Dr. Suresh Gaikwad Dr. Apoorva Kolte
19:15-20:30	Workshops (Macleod & Collip Halls)		

There is no lunch break during the session, lunch will be served from 12:00 to 15:00



3rd July Sunday, Banting Hall

Day 2

Rapporteurs : Dr. Anuja Sagdeo, Dr. Amit Agrawal, Dr. Sheetal Sane, Dr. Amol Meshram, Dr. Rajshree Khot

Time	Topic	Speaker	Chairpersons
BREAKFAST SESSION (Interactive case based discussion)			
08:00-09:00	Banting Hall : Diabetes & Pregnancy	Dr. V Seshiah Dr. Sunil Gupta	Dr. Anil Kapur Dr. Samar Banerjee Dr. Juzer Fidvi
	Best Hall : Technology in DM	Dr. Sunil M Jain	Dr. R G Naik Dr. S P Kalantri Dr. Pramod Gandhi
	Macleod Hall : Sex & Diabetes	Dr. Sanjeev Shah	Dr. Mithun Bhartia Dr. Deepak Jumani Dr. Ashish Dengra
	Collip Hall : Management of DM in Critical Care	Dr. Jay Deshmukh Dr. Vijay Panikar	Dr. Kalpana Dash Dr. Nirmal Jaiswal Dr. Rajan Barokar
PLENARY SESSION			
09:00-09:20	Alpha Cell Restoration & Beta Cell Regeneration	Dr. Samar Banerjee	Dr. R Sthapak Dr. Pradeep Mishra Dr. Madhuri Holay
09:25-09:45	Gut Microbiota in Diabetes	Dr. R. M. Anjana	Dr. Mithun Bhartia Dr. Ajay Sakhare Dr. Ajay Kaduskar
09:50-10:10	Diabetes & Tuberculosis	Dr. Anil Kapur	Dr. Ashok Arbat Dr. Vinod Bokde Dr. Vivek Gupta
10:15-10:35	"Real World Data" of Diabetes Care n' Research Centre at Global Forum	Dr. Navneet Wadhwa	Dr. P. D. Jalgaokar Dr. Rajashree Khot Dr. Vishwas Zade
10:40-11:00	Learning from Empa Reg Trial	Dr. Subhankar Chowdhury	Dr. T. C. Rathod Dr. Ajay Dafle Dr. Akeel Menon
11:05-11:25	Recent Advances in Management of Type I Diabetes	Dr. Prasanna Kumar	Dr. S. D. Suryawanshi Dr. Shankar Khobragade Dr. Govind Bhattad
11:30-11:50	Diabetes Self Management Education : Need of the Hour	Dr. Sunil Gupta	Dr. Debashish Chatterjee Dr. Vasanti Thote Dr. Arun Pawde
11:55-12:15	RSSDI Clinical Practice Recommendation 2015 For Management of Diabetes	Dr. S. V Madhu	Dr. Vijay Neglur Dr. B D Wagh Dr. Vijay Bakhtar
12:20-12:40	Non Insulin Injectable Therapy in Diabetes	Dr. Sanjay Agrawal	Dr. Santosh Kochar Dr. H S Bora Dr. Manish Lashkare
12:45-13:05	Do we really need Statins for all Diabetics ?	Dr. Sushil Jindal	Dr. Mukesh Mishra Dr. L Bajaj Dr. Raka Shivhare
13:10-13:30	Endocrinology of Love	Dr. Deepak Jumani	Dr. B M Makkar Dr. Ashok Wasalwar Dr. Sanjay Deshpande

There is no lunch break during the session, lunch will be served from 12:00 to 15:00



2nd July Saturday, Best Hall B

Day 1

FREE PAPER SESSION

Time : 3 pm to 6 pm

Sr. No.	Name of presenter	Topic (Title)
1	Dr. Sagar Chiddarwar	Prevalence of major depression and its association with microangiopathy in type 2 DM
2	Dr. Sachin Gathe	The coexistence of metabolic syndrome and generalised obesity amongst people with type 2 dm increases the risk of cardiovascular disease and diabetic kidney disease
3	Dr. Mohit Zamad	Oral health assessment amongst Indian type 2 diabetics
4	Dr. Arpit Srivastav	Prevalence of microvascular complications in type 2 dm at the time of diagnosis
5	Dr. Jivesh Singla	Determinants of diabetic chronic kidney disease
6	Dr. Hirday Pal Singh	Study of carotid intimamedia thickness in prediabetics and its correlation with cardiovascular risk factors
7	Dr. Piyush Kodgirwar	Health related quality of life in diabetic patients in rural central india.
8	Dr. Navneet Wadhwa	A cross sectional, multi centric epidemiological study of diabetic neuropathy and associated comorbidities in type 2 diabetic patients in india.
9	Dr. Amit kumar	Epidemiology and clinico-biochemical profile and complications at the time of presentation in newly detected type 2 dm in rural population.
10	Dr. Reema N	To study magnitude and correlates of altered bone mineral density in patients of type 2 DM
11	Dr. Aastha Bansal	A study of diabetes and prediabetes in patients with non alcoholic fatty liver disease and impact of diabetes on liver histology
12	Dr. Jaya Kore	The prospective study of feto-maternal outcomes in patients of gestational diabetes mellitus with macrosomia
13	Dr. Neikhoneng	DIPSI guidelines for fcreening in patients of gestational diabetes mellitus and comparision with other guidelines.
14	Dr. Suman Kumar	A prospective study of surgical site infection and other infections after gynaecological surgery in patients of DM
15	Dr. Asmita Meshram	Subclinical hypothyroidism in type 2 DM
16	Dr. Anu Yarky	Pancreatic diabetes in a patient of autoimmune pancreatitis



2nd July Saturday, Best Hall

Day 1

Time	Topic	Speaker	Chairpersons
THERAPY SYMPOSIUM			
09:30-09:50	Non glycemic effect of Metformin	Dr. Rakesh Sahay	Dr. Shankar Vasista Dr. R G Chandak Dr. Mukund Ganeriwal
09:55-10:15	Whats New in Gliptin?	Dr. Mithun Bhartia	Dr. Ramesh Mundle Dr. Ravi Waghmare Dr. Bala Subramaniam
SIZZLING HOT SPOTS			
10:20-10:40	Microvascular Complications in Diabetes	Dr. Rajiv Chawla	Dr. Anil Raghuvanshi Dr. Shivendra Shrivastava Dr. Ajay Ambade
10:45-11:05	Prevention of Cardiovascular diseases in Diabetes	Dr. P P Joshi	Dr. Anil Modak Dr. Ravindra Jhariya Dr. Vijay Bakhtar
11:10-11:30	Diabetes & GI Tract	Dr. Shrikant Mukewar	Dr. Abhiram Paranjape Dr. Amit Agrawal Dr. Ashok Tank
11:35-11:55	CV safety trials of Diabetes	Dr. Mangesh Tiwaskar	Dr. Vinod Khandait Dr. Pramod Mundra Dr. Nitin Tiwari
12:00-12:40	Inauguration		
12:40-13:10	"Chronology of Diabetes" (Hello Diabetes Academia Oration)	Dr. Shashank Joshi	Banting Hall
OBESITY SYMPOSIUM			
13:15-13:35	Multidisciplinary approach to the Management of Obesity	Dr. Jamal Ahmad	Dr. Siddharth Shah Dr. Ravindra Chordia Dr. Satish Poshettiwar
13:40-14:00	Surgeon's eye : "Gut as the sweet spot" for the management of DM	Dr. Shashank Shah	Dr. S. Dasgupta Dr. Prashant Rahate Dr. Ahsan Badar
14:05-14:35	Debate : Will Sulphonylurea survive? Yes _____ No _____	Moderator : Dr. Tarun Mishra Dr. Sunil Ambulkar Dr. Shailesh Pitale	Dr. Anil Bhansali Dr. Sanjay Jain Dr. Jayant Panda
14:45-17:45	Free Paper Session		
15:00-19:00	Satellite symposium on Pregnancy & Diabetes (Macleod Hall)		

There is no lunch break during the session, lunch will be served from 12:00 to 15:00



2nd July Saturday, Macleod Hall

Day 1

Satellite Symposium on Diabetes & Pregnancy

Time : 3 pm to 7 pm

Rapporteurs : Dr. Sarita Ugemuge, Dr. Alka Mukherjee, Dr. Prachi Saxena, Dr. Shilpi Sood

Time	Topic	Speaker	Chairpersons
15:00-15:20	National guidelines for the diagnosis of GDM & its Rational	Dr. V Seshiah	Dr. Charusheela Doifode Dr. Anita Singh Dr. Chaitanya Shembekar
15:25-15:45	Programming for sustainable health : Link between maternal health & NCD's : Focus on GDM	Dr. Anil Kapur	Dr. Kala Saboo Dr. Suchita Mundle Dr. Anuradha Ridhorkar
15:50-16:10	"Nagpur GDM Oration" : Indian Scenario in Gestational DM	Dr. Samar Banerjee	Dr. V Seshiah Dr. Hema Diwakar Dr. Sunil Gupta
16:15-16:35	Achieving best outcome in GDM care	Dr. Ashok Kumar Das	Dr. Manorama Porwal Dr. Ujjwala Deshmukh Dr. Mangala Ghisad
16:40-17:00	FIGO-HIP Initiative : Emphasising Role of Obstetrician	Dr. Hema Diwakar	Dr. Rukhsana Muster Dr. Sulabha Joshi Dr. Laxmi Shrikhande
17:05-17:25	Pharmacotherapy in diabetic Pregnancy : Oral drugs Vs Insulin	Dr. Sunil Gupta	Dr. Padma Parakh Dr. Nandita Sanyal Dr. Sunita Jaiswal
17:30-17:50	Pathophysiology of GDM	Dr. Anuj Maheshwari	Dr. Neelam Puniyani Dr. Sadhana Deshmukh Dr. Vaishali Khandait
17:55-18:15	Problems & Solutions for assessing hyperglycemia in pregnancy in non metro areas	Dr. Bhavatharini Aruyarchelvan	Dr. Dilnawaz Buhariwala Dr. Kshama Kedar Dr. Anuradha Salfale
18:20-19:00	Panel Discussion	Moderator : Dr. V Seshiah	Panelists : All speakers of the session & Dr. Girish Subramaniam

There is no lunch break during the session, lunch will be served from 12:00 to 15:00



2nd July Saturday

Day 1

WORKSHOPS

DIABETIC FOOT

Macleod Hall

Time	Panelists	Moderator
19:15 – 20:30	Dr. Vijay Neglur Dr. Sitaram Agrawal Dr. Biplob Bandopadhyay Dr. Sanjay Naidu Dr. Rajesh Mundhada	Dr. A. K. Das Dr. Benny Neglur

BLOOD GLUCOSE MONITORING

Collip Hall

Time	Panelists	Topic
19:15 – 20:30	Dr. Praveen Kalvit Dr. Jayashree Shembalkar Dr. Anita Khandelwal Dr. Pratibha Karnad Dr. Manoj Chawla (Moderator)	Glycemia : Peaks & valleys Glycosylated HbA1C SMBG in Type 1 dm & Type 2 DM Cost Barriers in SMBG AGP & CGM