

SCIENTIFIC PROGRAM

CONFERENCE

13th Annual Conference

# MAHA RSSDI

1st February to 3rd February 2019

Hotel Centre Point, Ramdaspath Nagpur

6 MMC  
Credit Points

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your horizons



RESEARCH SOCIETY  
FOR THE STUDY OF  
DIABETES IN INDIA  
(Maharashtra State Chapter)



International  
Diabetes  
Federation



Secretariat

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**Sunil's Diabetes**  
CARE n' RESEARCH CENTRE  
... committed care of sweet life



## Scientific Agenda



Friday 1st February 2019

### BANTING HALL (Palacio A Hall)

Rapporteurs : Sachin Gathe, Pankaj Dhoble, Prashant Gowardhan, Mohit Zamad

07:30-08:30 Registration & Breakfast (For Nurses)

**08:30-12:00 1) 3rd Annual NuCon (Nurse's Conclave): Education Program for Nurses**

11:00 Registration (For MAHA RSSDI 2019 Delegates)

### WORKSHOP 1 : Interactive workshop on Primary Prevention of Diabetes

Chairpersons - H B Chandalia, Samar Banerjee, S N Deshmukh

Time	Moderator	Speakers	Topic
12:15 - 14:00	S D Suryawanshi P K Deshpande	Geeta Dharmati Narsingh Verma Jay Deshmukh Sanjay Sirdeshpande	2. De-Coding Science of Nutrigenomics 3. Chrono-nutrition & Type 2DM 4. Evidences for Prevention of Type 1 & Type 2 Diabetes 5. Lifestyle management in Diabetes : Beyond Diet & Exercise

13:00 - 14:30 Working Lunch Hours (Palacio B Hall)

### Session I - Endocrine Symposia

Time	Speaker	Topic	Chairpersons
14:00 - 14:15	Pramod Gandhi	6. Vit D3 Deficiency : Causal Relationship in Diabetes	Anil Modak Ujjwala Zawar Amol Hartalkar
14:20 - 14:35	Jayashree Shembalkar	7. Diabetes Secondary to Endocrine Disorders	Anand Kate Prashant Pophalkar Deepak Jawale
14:40 - 14:55	Altamash Shaikh	8. 5 years clinical journey of Saroglitazar in the management of Atherogenic Diabetic Dyslipidemia	Narsingh Verma Dolly Deshpande Manohar Sarda

### Session II - MAHA-RSSDI 2019 Orange City ORATION

15:00 - 15:30	Nikhil Tandon	9. GDM : The Post Delivery Year	Vijay Panikar S N Deshmukh Sunil Gupta
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### Session III - Mixed Bag

15:35 - 15:55	Samar Banerjee	10. Pregnancy Diabetes and Foetal Brain Development	Anuj Maheshwari Dipti Chand H S Bora
16:00 - 16:20	Rajesh Rajput	11. Management of Type2 Diabetes with Heart Failure : A New Paradigm - Role of ARNI	Sanjiv Indurkar Aziz Khan Shantanu Sengupta
16:25 - 16:45	R M Anjana	12. Diabetes in India-Clinical relevance of Epidemiological findings	Ravindra Jhariya Pravin Kalvit Ajay Ambade

Session IV - Therapy Symposia			
16:50 - 17:10	H B Chandalia	13. DPP-4i + SGLT 2i : Perfect Partners for Holistic T2DM Management	Maya Ballal Ashok Bang Bharat Ganvir
17:15 - 17:30	Sunil Gupta	14. Early Treatment initiation in T2DM with DPP4i	Sanjay Kriplani Megha Balankhe Nikhil Nashikkar
Session V - Diabetes Cricket Carnival			
17:30 - 18:30	<b>15. Academic Tug of War</b> Obesity Treatment: Nonsurgical versus Bariatric Surgery Sulfonylurea Era has come to an End Glycemic Control : Intensive versus Conventional Fasting Should not be allowed to people with Diabetes	Team Aurangabad The Brave Maratha	Sanjiv Indurkar Archana Sarda
		Team Cosmopolitan Cosmo Kings	Anuj Maheshwari Pravin Kalvit
		Team Mumbai Rocking Stars	Lotika Purohit Altamash Shaikh
		Team Nashik Divine Passion	Neeta Deshpande Suhas Erande
		Team Pune Great Warrior	Sanjay Agrawal Anjali Bhatt
		Team Vidarbha Saoji Tadka	Santosh Malpani Sanjay Jain

Friday 1st February 2019			
BEST HALL (Millennium Hall)			
Rapporteurs : Piyush Kherde, Vivek Gupta			
WORKSHOP 2 : Critical Appraisal : Interpreting Research Article			
Chairpersons - Anuj Maheshwari, R M Anjana, Suresh Ughade			
Time	Moderator	Speakers	Topic
12:15-14:00	Ramesh Mundle Sanjay Naidu	P P Joshi Navneet Wadhwa  Dhananjay Rajee	16. Interpreting the result -writing the discussion 17. Transforming Clinical Experiences to evidence : A legacy impact 18. Spectrum of Biostatistics : Sampling to tests of Significance
WORKSHOP 3 : INSULIN Workshop			
Moderator : Anuj Maheshwari			
Time	Speakers	Topic	Chairpersons
18:30-18:45	Pravin Kalvit	19. Insulin is patient friendly: Demystifying old Myths	Deepak Laddhad Aamol Meshram
18:45-19:00	Sanjay Agrawal	20. Physiology & Metabolism of Insulin : History, Milestones & Profiles	Santosh Kumar Mishra Amit Rajput
19:00-19:15	Anuj Maheshwari	21. Starting Insulin in a patient with T2D : Case Based Discussion	A S Bawaskar Amol Dubey
19:15-19:30	Shailesh Pitale	22. Continued Insulin care : Monitoring treatment to suit patients needs	Rajesh Deshmane Praveen Shingade
19:30-19:45	Santosh Malpani	23. Successful Insulin treatment : Empowering patient for day to day Insulin use	Nilesh Joshi Sanjay Raut
19:45-20:00	All	Panel Discussion	
20:00 "Nostalgic Musical Romance" by Surabhi Dhomne & Group (Palacio Hall)			

## Friday 1st February 2019

### Macleod HALL (Sammelan Hall)

Rapporteur : Ajay Ambade

#### WORKSHOP 4 : RSSDI Guidelines Workshop

**Chairpersons** - Vijay Panikar, Narayan Deogaonkar, Debashish Chatterjee

Time	Moderator	Panelists	Topic
18:30-20:00	Sanjiv Indurkar	Ajit Kumthekar Lotika Purohit Anjali Bhatt Suhas Erande	24. Screening & Diagnosis of Type2 DM 25. Management of Type2 DM 26. Special Population & Type2 DM 27. Complications of Type2 DM

## Saturday 2nd February 2019

### BANTING HALL (Palacio - A Hall)

Rapporteurs : Sarita Ugemuge, Kiran Belsare, Abhishek Pande, Arjun Deshmukh, Atul Rewatkar

07:30-08:45 Breakfast

#### Session VI - Plenary 1

Time	Speaker	Topic	Chairpersons
09.00-09.20	Anil Bhoraskar	28. Relevance of International Guidelines for Indian People with Diabetes	DS Wasnik Shankar Vasista Neeta Deshpande
09.25-09.45	Banshi Saboo	29. Defining CVOT : why not SGLT2 now?	Rajeev Chawla Ramesh Mundle Vinod Khandait

#### Session VII - ORATIONS

09:50-10:20	Vijay Panikar	30. <b>State Chairman Oration</b> My Journey with OAD's over the last 4 decades	DV Doifode SD Suryawanshi Banshi Saboo
10:25-10:55	Rajeev Chawla	31. <b>National Presidential Oration</b> Diabetes is a Vasculopathy	Shashank Joshi Rajeev Gupta Sunil Gupta

#### Session VIII - Plenary 2

11.00-11.20	Shashank Joshi	32. Reversal of Diabetes: Myth or Fact ?	SM Patil Sidharth Shah RB Kalamkar
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11:20 - 12:00 **Session IX - 33) INAUGURATION**

#### Session X - Diabetes and Pregnancy Symposia

12:05-12:25	V Balaji	34. GDM- Screening and Diagnosis	Shailaja Kale Sunil Deshpande Pravall Kadu
12:30-12:50	Sunil Gupta	35. Pharmacotherapy in Diabetic Pregnancy	Anil Bhoraskar Debashish Chatterjee Shankar Khobragade

13:00 - 14:30 Working Lunch Hours (Palacio B Hall)



Session XI - Cardio-Metabolic Symposia			
12:55-13:15	Vijay Negalur	36. What's hot & what's new in Metabolic Diseases	Jayant Panda BG Waghmare Ashok Wasalwar
13:20-13:40	Rajeev Gupta	37. Lessons from PURE Study for CVD Prevention : It's Relevance in Indian Context	Vinod Mittal C S Gillurkar Madhuri Kirloskar
13:45-14:05	Sanjiv Shah	38. Metals, Diabetes & C. V. Risk	Gopal Dubey T C Rathod Mangesh Tiwaskar
Session XII - Mixed Bags			
14:10-14:30	Nihal Thomas	39. Offloading the Diabetic Foot : Lessons from Vellore	Sharad Pendsey Sitaram Agrawal Benny Negalur
14:35-14:55	J J Mukherjee	40. Diabetes & Cancer- Clinicians Perspective	Archana Jain Santosh Malpani Rajendra Rawekar
15:00-15:20	Siddharth Shah	41. Cardio-Renal Syndrome	Sanjeev Indurkar Pramod Mundra Prakash Khetan
15:25-15:40	Raju Khandelwal	42. Diabetes : Head to Toe	Deepak Dalal Rajashree Khot Sudhir Chafle
Session XIII - Basic Science Symposia			
15:45-16:05	S D Suryawanshi	43. De-Differentiation of Beta Cell	Anuj Maheshwari Parmanand Leharwani Ramesh Ballal
16:10-16:30	Sandeep Mathur	44. Adipose Tissue : Pathobiology of Asian Indians	Sanjay Agrawal Sanjay Jain Ajay Kaduskar
Session XIV - Type 1 Symposia			
16:35-16:50	Deepak Dalal	45. Behavioural Changes Across the Life of Child with Type 1 Diabetes and the Family	N P Tolani Anita Khandelwal Kavita Gupta
16:55-17:10	Sharad Pendsey	46. Socio Economical Aspect of Type 1 DM	Ajit Kumthekar Lotika Purohit Archana Sarda
Session XV - Bed Side Management Symposia			
17:15-17:35	Ajay Kumar	47. Co-formulations : Changing paradigm in Injectable therapies	Vinayak Shegokar Tejas Shah Arti Dharaskar
17:40-18:00	Narayan Deogaonkar	48. Hypoglycemia : Treatment & Prevention	Amit Saraf Nirmal Jaiswal Rajesh Atal
17:45-18:30	49) Annual General Body Meeting of RSSDI, Maharashtra State Chapter (For Members only)		



## Saturday 2nd February 2019

### Macleod HALL (Sammelan Hall)

Rapporteur : Gira Soni

#### Session XVI - Therapy Symposia 2 : How to Read & Interpret Research Paper

Time	Speaker	Topic	Chairpersons
18:30-18:50	Dakshata Padhye	50. Best Partner to Metformin : DPP4 or SGLT2i	Ajay Daphle Jaspal Arneja Suresh Purohit
18:55-19:15	Yashpal Gogate	51. The Evolved Gliptin	J D Waghela Deepak Bahekar Purvi Chawla
19:20-19:40	Archana Sarda	52. Safe & Smart use of Sulfonylurea	Anil Raghuvanshi Janardan Yadav Vaibhav Chakkarwar

**20:00** *Sufi Night & Banquet (Palacio Hall)*

## Saturday 2nd February 2019

### BEST HALL (Millennium Hall)

Rapporteurs : Mohankumar Tambe, R J Malani, Sadaf Quazi, Rajesh Mundhada

#### Session XVII - Diabetes & Kidney

Time	Speaker	Topic	Chairpersons
12.00-12.15	Sunil Ambulkar	53. Diabetes Management in Diabetic Kidney Disease	V L Gupta Prashant Choudhary Sanjeev Joshi
12:20-12:35	Shankar Khobragade	54. Non Diabetic Kidney Diseases in Diabetes	Vijay Negalur Mukesh Mishra Deepak Agrawal

#### Session XVIII - Diabetes & Liver - Case Based Discussion

12:40-12:55	S N Deshmukh	55. Type 2 Diabetes Originates from Liver	Shrikant Mukewar Vasanti Thote Amit Agrawal
13:00-13:15	Suresh Purohit	56. Management of Diabetes in CLD	

13:00 - 14:30 Working Lunch Hours (Palacio B Hall)

#### Session XIX - Diabetes & Neuropathy - Case Based Discussion

13:20-13:35	Anita Khandelwal	57. Autonomous Neuropathy	Rajesh Baghe Pravin Nitnaware Gautam Jatale
13:40-13:55	Tejas Shah	58. Painful Neuropathy	

#### Session XX - Potpourri

14:00-14:15	B K Mahavarkar	59. Adult Immunization in Diabetes	Milind Naik Sachin Gathe Sanket Pendsey
14:20-14:35	Amit Saraf	60. Hypoglycaemic Hyperosmolar State & Diabetic Ketosis	Manoj Chawla Devyani Buche Madhuri Holay

14:40-14:55	Benny Negalur	61. Bone Health, Menopause & Diabetes	Vrinda Sahastrbhojne Vivek Bhalerao Sunil Rao
<b>Session XXI - Oral Health Symposia</b>			
15:00-15:15	Ranjit Patil	62. Oral Manifestations of Diabetes	Mukund Ganeriwal Sarita Ugemuge Mohit Zamad
<b>Session XXII - Special population (Obesity &amp; Elderly) Symposia</b>			
15:20-15:35	Jayant Panda	63. Antiobesity drugs in management of Diabetes : A shift in thinking	Tanuja Manohar Priti Phatale Prashant Rahate
15:40-15:55	Hemant Phatale	64. Which Obese Diabetic is ideal candidate for Bariatric Surgery?	Anil Rajgire Ravi Waghmare Prashant Gowardhan
16:00-16:15	Neeta Deshpande	65. Managing Diabetes in Older People: Goals of Care	Uday Gupte N K Puranik Pramod Kulkarni
<b>Session XXIII - Debate : Which should be the First Injectable in type 2 Diabetes Management</b>			
16:20-16:35 16:40-16:55	For - Vinod Mittal Against - Purvi Chawla	66. GLP1 Analogues 67. Insulin	Smita Deshmukh Mohan Nerkar Sanjay Ambekar
<b>Session XXIV - Sex &amp; Diabetes - Real Life Cases</b>			
17:00-17:20	Sanjay Deshpande	68. Female Sexual Dysfunction - 5 Cases - Practical Pearls	J J Mukherjee Mrunalini Kelkar Akil Memon
17:25-17:45	Deepak Jumani	69. Premature Ejaculation - 5 cases - Practical Pearls	Narendra Mohta Arun Pawde Suresh Gaikwad
<b>Session XXV - Therapy Symposia</b>			
18:30-18:50	Shailaja Kale	70. Tackling the Overlooked Unholy Trinity of PPG, High A1c & GV with Basal Insulin	Kirti Tanna Pradeep Mishra L N Bajaj
18:55-19:15	Manoj Chawla	71. Positioning SGLT2i in Diabetes Treatment Algorithm	Hemant Phatale Adwait Mahalle Bala Subramaniam
19:20-19:40	Mangesh Tiwaskar	72. Digital Connectivity in Diabetes Management	A Muruganathan Ravindra Bilolikar Anil Rohankar
<b>20:00 Sufi Night &amp; Banquet (Palacio Hall)</b>			

### Our Academic Partners



Association of Physician of India (Vidarbha Chapter)



Diabetic Association of India (Nagpur)

Sunday 3rd February 2019

**BANTING HALL (Palacio - A Hall)**

Rapporteurs : Prajakta Deshmukh, Avinash Turankar, Parvinder Bamrah, Vivek Nagrare

08:30-09:00 Breakfast

**Session XXVI - Plenary**

Time	Speaker	Topic	Chairpersons
09:00-09:20	A Muruganathan	73. Challenges in treating People with Diabetes in Rural India	YV Bansod Santosh Kochar Ravindra Chordiya
09:25-09:45	PG Talwalkar	74. Anti Inflammatory Approach in the Management of T2DM	RG Salkar Ramchandra Kathale B S Yelke
09:50-10:10	SV Madhu	75. Stress Coping & Risk of Diabetes	Vishwas Dashputra Nikhil Balankhe Ajay Rote

**Session XXVII - Clinical Pearls**

10:15-10:30	Ranjeet Unnikrishnan	76. Precision Medicine in Diabetes Clinic	Madhukar Kherde Vinod Bokade K D Jogewar
10:35-10:50	SN Bandukwala	77. Sarcopenia & Diabetes	Mohini Kulkarni Vijay Bakhtar Subhash Musle
10:55-11:10	Rajiv Kovil	78. Present day Approach to CV Mortality in T2DM : Time to Bell the Cat !	Sachin Lokhande Rajesh Chouhan Anil Jawahirani
11:15-11:30	Bhavana Sosale	79. Use of Artificial Intelligence and cost effective fundus imaging in detection of Diabetic Retinopathy	Kiran Belsare Hemraj Patil Rajendra Thorat

**Session XXVIII - Nutrition Symposia**

11:35-11:50	Shilpa Joshi	80. Why do we feel Hungry?	Sunanda Chaoji Sunita Kumbhalkar Aditi Deshmane
11:55-12:10	Jagmeet Madan	81. Prediabetes-Can we arrest the damage Through Food Based Interventions	SV Madhu Ram Godhane Rekha Sharma
12:15-12:30	Rima Rao	82. Health Benefits of Whole Grains in Diabetes Mellitus	Sunil Kumar Govind Bhattad Rita Bhargava
12:35-12:50	Kavita Gupta	83. Artificial Sweeteners update	Jyoti Jain Sushma Chatterjee Kavita Bakshi
12:55-13:10	Sheryl Salis	84. Confusing Diets... Which to choose?	Ranjit Unnikrishnan Renuka Mainde Srilaxmi Potluri

13:00 - 14:00 LUNCH

14:00 - 17:00 85) "Hello Diabetes Public Education Program" followed by High - Tea